

XIII World Congress of Rural Sociology

JULY 29 TO AUGUST 4, 2012 Lisbon - Portugal



Península de Setúbal PORTUGAL

Visit 1 August 2012

9:00 Departure from Lisbon

**10:00 Arrábida Presentation –
Casa da Baía, Setúbal**

11:00 Arrábida tour visit

**13:00 Lunch in Quinta de
Alcube**

**15:00 PROVE Project: good
practice in short food supply
chains – Espaço Fortuna,
Quinta do Anjo**

**16:00 Muscat Taste – Casa Mãe
da Rota de Vinhos da Península
de Setúbal, Palmela**

**18.00 Visit to the PROVE
delivery center in Alvalade-
Lisbon**

The Península de Setúbal is circumscribed by different classified natural areas: in the North by the estuary of Tagus river; in the south by the estuary of Sado river and by Arrábida Natural Park; in the west by the lagoon of Albufeira and in the east by several Ecological corridors linking Canha with Marateca stretching towards Sesimbra.

The region's prevalent features stem from a privileged localization with appropriate edaphic and weather factors as well as suitable water resources offering a huge farming and forest potential.

Wine production stands out among a great assortment of farming products, deserving a special reference the wines of DO Palmela and Setubal (Moscatel) along with the Península de Setúbal Regional Wine. The DOP cheese of Azeitão, the Palmela striped Apple, honey and Montijo's gerbera, also play an important role in the regional agriculture.

Gastronomy is remarkably diversified, being fish dishes and traditional sweets a must.

Architectural heritage and landscapes are extremely rich. The Castles of Palmela and Sesimbra catch everybody's attention and so do São Filipe Fortress at Setúbal, Cape Espichel Shrine, the Arrábida Convent and numerous farms and mansions clinging to rural traditions and crafts. This heritage is enriched by the cultural tradition related to farming activities namely horse and bull fairs in the cities of Montijo, Moita and Alcochete, by the Palmela's grape harvest celebration (Festa das Vindimas) and Sesimbra's "Zimbramel" exalting nature's cycles. All over the territory pagan and religious traditions are also present in festivals.



Associação para
o Desenvolvimento Rural
da Península de Setúbal

www.adrepes.pt | adrepes@adrepes.pt



Programa de Desenvolvimento Rural



GOVERNO DE
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MINISTÉRIO DA AGRICULTURA,
DO MAR, DO AMBIENTE
E DO ORDENAMENTO DO TERRITÓRIO



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